



# HEALTH SCIENCES CAREER ACADEMY

Gross Catholic High School's new Health Sciences Career Academy offers real world experience giving students an opportunity to learn more about careers in the healthcare field by working side by side with professionals.

## Nursing Track Program Details (Partnering with CHI Health Immanuel)

This program begins in a student's junior year with the following courses:

- Anatomy and Physiology: full year course at Gross Catholic; junior year
- Certified Nursing Assistant: at Metro CC or other outside health organization; must be 16
- Medical Terminology: UNO credit at Gross Catholic; junior year  
OR Medical Terminology 1 & 2: online course through Metro CC; junior year
- Health Care Careers: UNO credit at Gross Catholic; senior year  
OR online course through Metro CC; senior year
- Intro to Medical Law and Ethics: online course through Metro CC; senior year



### Prerequisite Courses

Freshman and Sophomore years:

- Biology, Chemistry/Physical Science
- Algebra 1/Algebra 2, Geometry



### CNA Required

Prior to the students' senior year, they must complete a CNA program. Here are some options to consider, if you are unable to fit the Metro CC class in your schedule (must be 16 to complete this program).

- Quality Care Pathways - offers traditional course and hybrid course - cost is approx. \$510
- Nebraska Methodist College - cost is approx. \$499 (includes one state test)
- Clarkson College - cost is approx. \$495 (includes book and one state test)
- Iowa Western Community College - offers traditional course and hybrid course - cost is approx. \$575

### Senior Year

During the student's senior year, they will gain field experience at Immanuel Hospital. This experience will allow students a way to display the skill, knowledge, and theoretical practice they've learned in the classroom. In addition, this valuable year-long interview presents them the opportunity to explore career pathways, giving them an edge in the job market by networking with professionals which may transition into a future job.

This capstone experience will take place on Monday - Thursday at Immanuel Hospital. Students will log 8 hours per week (2 hours per day) in multiple areas of the hospital including: Medical/Surgical, Rehab Department, Orthopedic and Cancer Care (Oncology)

We may expand to additional areas depending on the number of students and safety. Additional areas could include Emergency, Labor and Delivery and Mental Health. Students will need to provide their own transportation to and from Immanuel Hospital. They will also be responsible for purchasing scrubs and any textbooks that may be required.

Friday's will be spent in the classroom at Gross Catholic. During this time, students will review their journals and experiences, practice stress management techniques, and listen/interact with speakers.

**Bonus! Job Opportunity** - Students may be able to work as a CNA for Immanuel while participating in this program. Shifts could begin after the student logs their 2 hours for the program on Monday - Thursday.



# HEALTH SCIENCES CAREER ACADEMY

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Gross Catholic High School's new Health Sciences Career Academy offers real world experience giving students an opportunity to learn more about careers in the healthcare field by working side by side with professionals.

## **Athletic Training Track Program Details**

This program begins in a student's junior year with the following courses:

- Anatomy and Physiology: full year course at Gross Catholic; junior year
- Medical Terminology: UNO credit at Gross Catholic; junior year  
OR Medical Terminology 1 & 2: online course through Metro CC; junior year
- Prevention and Care of Athletic Injuries: UNO credit at Gross Catholic; junior or senior year
- Health Care Careers: UNO credit at Gross Catholic; senior year  
OR online course through Metro CC; senior year



## **Prerequisite Courses**

Freshman and Sophomore years:

- Biology, Chemistry/Physical Science
- Algebra 1/Algebra 2, Geometry



## **Senior Year**

During the student's senior year, they will gain field experience at athletic events. This experience will allow students a way to display the skill, knowledge, and theoretical practice they've learned in the classroom. In addition, this valuable year-long interview presents them the opportunity to explore career pathways, giving them an edge in the job market by networking with professionals which may transition into a future job. During this time, students will review their journals and experiences, practice stress management techniques, and listen/interact with speakers.

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## **Health Sciences Career Academy Objectives**

- Make career decisions for their individual abilities and career objectives
- Develop a professional and technical foundation that supports their pursuit of advanced education in a health career
- Develop a foundation of basic skills and knowledge required for future employment in the healthcare field, including: Science and Mathematics, Technology, Communication and Teamwork, Professionalism, Ethics & Stress Management

## **Application Process**

Interested students will complete an application and participate in an interview with a small panel. Students should see Mrs. McNamara if they are interested in beginning the application process.