



Self-discovery and self-sacrifice are important if we are to be effective Christian leaders. This retreat focuses on those two values by answering the following questions: What does God say about you? What gifts has God granted you? How can you fulfill your baptismal promise through servant leadership? How can you live as a follower of Christ in the "real" world? Here are a few details about the day:

Date: All Juniors will attend retreat on August 31st from 7:40-3:00. YOUR STUDENT HAS BEEN ASSIGNED A STARTING LOCATION – see below.

- Students with last names that begin with **A - Maldonado-Ruiz** should report to Tree Rush at Fontenelle Forest (1111 Bellevue Blvd N)
- Students with last names that begin with **Martin - Z** should report to Columban Fathers' Retreat Center (2000 Calhoun St., Bellevue NE 68005 **be sure to use this address if you are using GPS guidance!)
- Halfway through the day, students will switch locations by driving themselves down a residential street to the next location. A teacher will lead the way from location-to-location.

Permission slips and waivers: Your student should have brought home an Archdiocesan permission slip for you to complete. **In addition, you must complete the Tree Rush waiver at <https://go.theflybook.com/manage/X4SFGN#/lite>**

What to wear: shorts or athletic pants and a school appropriate shirt (no tank tops, mid-drifts, obscene or offensive messages, etc). **KEEP IN MIND THAT ALL STUDENTS WILL COMPLETE THE ROPES COURSE.** Longer shorts or yoga pants will be more comfortable. Also, keep in mind that heavy or rough fabrics may chafe. Avoid clothes that are very loose. Gloves must be worn and will be provided.

What to bring: a sack lunch and a refillable water bottle. **LUNCH IS NOT PROVIDED!** Students will receive a snack around 2:30 PM.

What time: Retreat begins at 7:40 sharp at your student's assigned location. Attendance will be taken. Retreat is finished at 3:00.

Where do we go/transportation: Retreat is off-site this year. Students will drive themselves to retreat and between locations. In order to best ensure safety, a teacher-led caravan will lead the way from one retreat location to the next. **IF YOUR STUDENT NEEDS A RIDE TO OR FROM RETREAT, PLEASE EMAIL MRS. SWEETMON BY WEDNESDAY, AUGUST 29 SO ARRANGEMENTS CAN BE MADE TO TAKE YOUR STUDENT FROM SCHOOL TO RETREAT AND BACK.**

What will we do: Pray and talk as a community; reflect on our gifts and talents as leaders; grow in our faith and respect for one another. Complete a ropes course to illustrate our abilities to take risks and stretch beyond our comfort zone.

Please remember that your participation in retreat is mandatory. Should you be ill or absent on retreat day, you will need to make arrangements for another retreat.

If you have any questions, please see me in Room 201.

DUX ESTO - BE A LEADER!

Father Jeff and Mrs. Sweetmon